

Saugerties Ballet Center

# Summer Intensive

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JULY 6 - 9

9:00 AM - 3:00 PM



AGES 12-14

MUST HAVE PREVIOUS EXPERIENCE OR TAKE A PLACEMENT CLASS.

INQUIRE FOR MORE INFORMATION

**COST: \$225**

Miss Justine and guest instructors will lead dancers looking for a serious jumpstart to their next dance year. The week is full of technique classes focusing on turnout, pointe work, stretching, pilates, and more!

Sample Schedule:

9:00-9:15. Arrival

9:15-10:30. Ballet Technique Class

10:30-10:45. Break/Snack

10:45-11:45. Pointe Work/Pre Pointe Work

11:45-12:45. Lunch

12:45-1:30. Craft

1:30-2:30. Guest Instructor (lyrical/musical theatre/etc)

2:30-3:00. Choreography